



Onslow Memorial Hospital is excited to announce a new class offering for expectant families!

Understanding Breastfeeding will provide a brief overview of breastfeeding, its benefits, and how to be successful. This interactive class will be lead by an International Board Certified Lactation Consultant.

Location: OMH Education Department Board Room

Date(s): 4th Saturday of each month beginning in June

Time: 9:00 a.m.—11:00 a.m. *

*Due to limited space availability, please pre-register with our Education Department at 910-577-2581. Children under the age of 18 are not allowed to attend the class; please make prior childcare arrangements.

**A light breakfast will be served



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