Onslow Memorial Hospital
Women’s and Children’s Services

What to expect throughout your Labor, Delivery, and Postpartum stay during COVID-19

We always strive to provide a safe and positive environment to welcome your baby into the world. The uncertainty of the COVID-19 environment means that many of our typical processes and policies that support our patients and families have changed. As you may have seen on various news sites, it is necessary for hospitals to institute drastic measures to protect patients, families, and staff. We are currently following a visitation policy that continues to allow support and comfort to our women giving birth. Please read the following guidelines and plan accordingly.

- Each laboring woman will be allowed one (1) support person (visitor) for the duration of her stay.
- The support person will be required to complete screening prior to entering Onslow Memorial Hospital (OMH). If recent fever, respiratory symptoms or exposure to someone with COVID-19 occurred, they will not be allowed to enter OMH. This is for the protection of you, your baby, and the community.
- The designated support person needs to prepare to stay at the hospital for the duration of the admission. Please arrive at the hospital with clothing, toiletries, medications, snacks, and car seat to take your baby home.
- OMH has a cafeteria and mini mart within the facility. Please ask for the hours on admission.
- We are stressing the importance of social distancing to protect the community and end the spread of the virus. Please discuss this with family and friends and continue social distancing once you arrive home.
- The current visitation policy may change at any time, following recommendations of public health officials. Please know we will continue to provide excellent patient care while ensuring the safest conditions.
- Please remember, your best protection from COVID-19 is social distancing, strict hand washing, and avoid touching your face. Please keep your baby at a distance from others, enforce strict handwashing, and avoid touching or kissing your baby’s face.