



Understanding Birth



Do you have questions on what to expect about your labor and delivery experience at Onslow Memorial Hospital? Understanding Birth is an overview on childbirth, recovery, newborn care, breastfeeding, and a tour of the Maternal-Child Unit. This class meets the third Saturday of each month in our Education Department from 9am to 3pm. Please preregister with our Education Department at 910-577-2581. Due to limited space availability, children are not allowed to attend the class; please make prior childcare arrangements. If you would just like a tour of our Labor and Delivery unit please call L&D directly at 910-577-2231.