

Understanding Breastfeeding



Understanding Breastfeeding is an introductory class intended for expectant families looking for more information regarding breastfeeding. Topics covered will include a brief overview of breastfeeding, its benefits, and how to be successful with breastfeeding. This class will allow expectant families the opportunity to interact with our IBCLC (International Board Certified Lactation Consultant) prior to delivery. Participants may be at any point in their pregnancy.

Class size is limited to twenty people. Class will run from 9:00 a.m. to 11:00 a.m. in the Board Room of Onslow Memorial Hospital's Education Department.

To sign up, please contact the Education Department at 577-2581

2019 Class Dates

January 26

July 27

February 23

August 24

March 23

September 28

April 27

October 26

May 25

November 23

June 22

December 28